Somatic Stretches 1: Adonist

free instrumentation

bea hebron

edition wandelweiser 2026
catalogue number ew 39.014

Somatic Stretches 1: Adonist

Bea Hebron
2025

SOMATIC STRETCHES 1

Adonist

my mind (is)
open wide (and)
now I’m ready (to)

start